For More Information

Please contact;

Spiritual Health Services
Winnipeg Health Sciences Centre
(204) 787-3884
Or
University of Winnipeg Faculty of Theology
(204) 786-9857

Tuition Information

Health Sciences Centre Admission
- Pursued on the basis of interest. University of Winnipeg registration is not necessary.
- Cost: $475.00 payable to HSC Spiritual Health Services
  (fee is subject to change without notice)

University of Winnipeg
- For students wishing to take the course for credit
  - Certificate in Theology
  - Undergraduate Credit
  - Graduate Credit

If you are interested in taking any of the courses for academic credit, please contact the University of Winnipeg, Faculty of Theology for current tuition information. Transfer of credit to other institutions is also possible. If you are registered at another university, please contact them for further information regarding transfers.

Bursaries may be available upon acceptance to courses.

Please Note:
- Neither certification nor titles are granted at the end of the Spiritual Diversity Courses or Program

Spiritual Diversity Education

A unique interprofessional learning opportunity
exploring meaning, presence, and identity
In the Health Care Setting
Through four course offerings;

Hope and Healing
Supervised Practicum
Contemplative Presence
Care in Trauma
Spiritual Health-Care is Multi-Faceted

Spiritual Health Care begins in the heart, mind and spirit of the care provider. Who are you? What do you value and hold dear? In a multi-cultural, multi-faith society such as ours, spiritual health care respects and values the patient and the patient’s perspective, taking into account that we do not all share the same world views. We do not all experience loss, illness, suffering or death in the same way. Even as we seek hope and healing, we seek them in ways that reflect our culture, our experience, our tradition, and our individual lives.

The Spiritual Diversity Program

The Spiritual Diversity Program offers students from a variety of backgrounds and interests an opportunity to create an intentional learning community to explore Spiritual Health in a Health Care setting. Over the years, participants in the Spiritual Diversity Program have included students (theology, social work, peace and conflict studies), health-care professionals (social work, nursing), other professionals (teachers, guidance counselors, lawyer, film maker), and a number of interested spiritual seekers.

Course Outcomes

Each course follows a unique focus, with specific goals and learning objectives. In general, the course outcomes for all four courses include:
- awareness of individual inner resources related to suffering, hope, healing, and meaning
- Openness to and awareness of diversity in the health care setting
- Development of specific skills to journey with patients and family in hospital
- Deepened understanding of self as a healing presence

Spiritual Diversity: Hope and Healing

Students explore the fundamentals of spiritual health through classroom sessions and in exploring their own life journey. Speakers from various perspectives provide additional teaching and awareness. This course provides foundational elements of the provision of spiritual care in a hospital setting.

Spiritual Diversity: Supervised Practicum

The supervised practicum provides students wishing to gain practical experience providing patient care an opportunity to enhance their skills. The practicum will involve some classroom time, as well as intentional supervision of students. Individual students and facilitators will create student-specific learning goals and monitor their progression over the course of the practicum.

Spiritual Diversity: Contemplative Presence

An approach to patient care focusing on mindfulness and contemplation invites students to journey within the health care system through another lens. Students will engage in the practice of meditation as an effective approach to patient care, and will explore various paths of contemplation. Practicum hours are built into this course.

Spiritual Diversity: Care in Trauma

Students who have some previous experience have the opportunity to experience providing spiritual care in the trauma setting. Working alongside Spiritual Health Specialists, students will gain awareness of the nuances and perspectives trauma situations provide. Practicum hours are built into this course.

These courses are stand-alone courses and may be taken in any order. Students taking the Supervised Practicum or Care in Trauma course should have some previous care experience - please talk to Spiritual Health Services for more information.