Purpose

This handbook provides a quick reference guide to the basics of conducting nursing research at Health Sciences Centre Winnipeg (HSC). Our intent is not to duplicate the many available nursing research textbooks but to inform nurse researchers about the resources, procedures and processes that are available and may be unique to HSC Winnipeg.

We also want to encourage you to disseminate your findings internally, locally, nationally and to “dream big” – internationally! If we can assist you as you embark on the course of nursing research we have achieved our goal. We welcome feedback and ideas; contact any member of the Nursing Research and Evidence-Informed Practice Committee (see contact information on page 3).

Contents

Dolly and Michael Gembey Centre for Nursing Research ...... 2
People Resources................................................................. 2
Library................................................................................. 2
Ethics.................................................................................. 2
Research Approval (Impact).............................................. 3
Funding............................................................................... 3
Dissemination.................................................................... 3
Contact Information.......................................................... 3
Delores (Dolly) and Michael Gembey Centre for Nursing Excellence at HSC

Through the generous donations of Dolly and Michael Gembey and the Health Sciences Centre Foundation, the Delores (Dolly) and Michael Gembey Centre for Nursing Excellence at HSC was opened on May 25, 2006.

Located on the first floor of the Isabel M. Stewart Building (Room NA136), the Centre for Nursing Excellence is a gathering place for nurse researchers, leaders, educators, and clinicians. It is a quiet place that offers nurses the opportunity to focus on their research questions about leadership, education, or clinical issues, while utilizing further resources via a networked computer.

The Centre for Nursing Excellence offers all nurses access to a part-time research associate to assist in the development and investigation of their research questions.

People Resources

One of the most amazing resources at HSC is the people who work here. For nurses with clinical questions, the Nursing Research and Evidence-Informed Practice Committee is an excellent place to start looking for answers. We want to hear your ideas and provide direction about “How to get started” or “Where can I go with this idea?” Another group of nurses (with some overlap in membership) is the Advanced Practice Nurses. Contact Information for this group is found on page 3.

The Nursing Faculty at the University of Manitoba is open to collaborating with their community partners. Check out their Web site at: http://www.umanitoba.ca/nursing

Library

Another good place to start your research is the Neil John MacLean Health Sciences Library. This resource can be accessed by phone (204-789-3344 or 204-789-3400) or through http://libguides.lib.umanitoba.ca/health.

The Librarians will conduct Literature Searches related to specific research topics. They also provide a ‘Drop & Copy’ service where you can drop off a list of required articles that will be retrieved and delivered to you. These free services go a long way to answering your research questions.

If you prefer to start working on your research question on your own, you can access the Library’s electronic resources for nurses through the Nurses Toolkit at http://libguides.lib.umanitoba.ca/clinicalnursing

Located on the 200 level of Brodie Centre, the Library supports research, program development, and patient care activities of all staff and students at HSC. For more information, contact the Health Sciences Library at 204-789-3464 or healthlibrary@umanitoba.ca.

Ethics

As we know from our various education programs, all research must be submitted for ethical review and approval. The following e-mail address will link you to the University of Manitoba site for research involving human subjects: http://umanitoba.ca/research/orec/ethics/human_ethics_index.html

Another site that may be of assistance is from the Winnipeg Regional Health Authority (WRHA) Research and Evaluation Unit: http://home.wrha.mb.ca/research/index.php
Research Approval (Impact)

All research conducted in whole or in part at HSC, must be submitted to the Research Department for impact review and approval.

Forms are available on-line (found in public folders under the Research Department). If you prefer the personal touch or do not have access to the on-line forms contact the Research Protocol Officer at 787-4968 to obtain the most current form and up-to-date information. She is very approachable and will do everything she can to help you navigate this part of the process.

Tip: A wise researcher will always talk with the manager in your area of interest prior to submitting the form. The impact committee will ask for the manager’s approval.

Funding

You will likely need to secure funding for your research project. As a nurse at HSC you should explore funding available from the HSC Foundation. Information can be found at http://hscfoundation.mb.ca (see “Researchers”). The Dolly & Michael Gembey Nursing Research Fund is a great place for new researchers to apply.

Other links that may be of interest:

Manitoba Centre for Nursing and Health Research grants: http://umanitoba.ca/faculties/nursing/mcnhr/funding/MCNHR%20Grants.html

Eli Lilly Canada: www.lilly.ca
Go to “Grants/Donations”

Winnipeg Foundation: www.wpgfdn.org

Manitoba Medical Services Foundation: www.mmsf.ca
Support for new researchers

We also encourage you to explore funding opportunities from the various specialty nurse interest groups in Canada and the U.S.

Dissemination

An important part of the research process is sharing the information you have learned with your colleagues. There are a number of opportunities for you to present your work (completed or “in progress”). Some of them to consider are:

- Nursing rounds on your unit
- Nursing Grand Rounds at HSC
- Poster or oral presentation at a local, national or international nursing conference. HSC Corporate Communications can give you some tips about creating poster presentations.
- Writing an article for Nursing Matters
- Writing an article for a nursing journal

For a list of potential journals visit http://libguides.lib.umanitoba.ca/health

Under the following two headings, you will find listings of journals and requirements for article submissions:
1) Books and Journals: e-journals, e-journals by title, U, Ulrichsweb.com, Subject – Nursing
2) Staff and Student Tools: REFWorks

For help with sharing your research findings, contact your Nurse Educator, the Advanced Practice Nurses or members of the Nursing Research and Evidence-Informed Practice Committee. See contact information below.

Contact Information:

You can contact all members of the following groups using these group email addresses:

Nursing Research and Evidence-Informed Practice Committee:
HSCNREBPC@hsc.mb.ca

Advanced Practice Nurses:
APNC@hsc.mb.ca